



July 2025 week 1	week 1 activities
mon 30	Lifestyle Admin Day 9:15 am- 9:45 am – Group Exercises – Jack Fleming 3:00 pm – Chair Dancing – Rooftop Terrace
tue 01	<ul> <li>9:15 am- 9:45 am – Group Exercises – Mardy McKean</li> <li>10:00 am – BINGO – Kevin Hogan Townhall</li> <li>1:30pm - 2:00 pm – Grand Moo with Maggie Moo – Kevin Hogan Townhall</li> <li>2:30 pm – Riverside Walk (Please let Lifestyle know if you are interested)</li> </ul>
wed 02	<ul> <li>9:15 am- 10:00am – Group Exercises – Kevin Hogan Townhall</li> <li>10:00 am – Crafts with Cheryl – Jim McRae Dining Room</li> <li>10:00 am – Dog Visits with Janice – Facility Wide</li> <li>2:30 pm – Happy Hour – Kevin Hogan Townhall</li> </ul>
thu 03	<ul> <li>9:15 am- 9:45am – Group Exercises – Level 2, Lyn McLean Dining Room</li> <li>10:00 am –Greg Rae Concert – Kevin Hogan Townhall</li> <li>2:00 pm – Knitting and Crochet Circle – Terraces Level 1 Loungeroom</li> </ul>
fri 04	<ul> <li>9:15 am- 9:45am – Group Exercises – Level 1, Jean May Dining Room</li> <li>9:30 am – Church Service – Wintergarden Chapel</li> <li>9:30 am – Winter Solstice Art Activation – Long Gallery</li> <li>2:00 pm – Afternoon Movie – Wintergarden</li> </ul>
sat 05	9:00-3:00- Sew Rocky - Kevin Hogan





July 2025 week 2	week 2 activities
mon 07	<ul> <li>Lifestyle Admin Day   NAIDOC Week</li> <li>9:15 am- 9:45 am – Group Exercises – Jack Fleming</li> <li>3:00 pm – Chair Dancing – Rooftop Terrace</li> </ul>
tue 08	<ul> <li>9:15 am- 9:45 am – Group Exercises – Mardy McKean</li> <li>10:00 am – BINGO – Kevin Hogan Townhall</li> <li>10:00 am – Dog Visits with Janice – Facility Wide</li> <li>2:00 pm – 3:00 pm - NAIDOC Week Crafternoon – School of Arts</li> </ul>
wed 09	<ul> <li>9:15 am-10:00 am – Group Excerises – Kevin Hogan Townhall</li> <li>10:00 am – Craft with Cheryl – Jim McRae Dining Room</li> <li>2:30 pm – Happy Hour – Kevin Hogan Townhall</li> </ul>
thu 10	<ul> <li>9:15 am- 9:45am – Group Exercises – Level 2, Lyn McLean Dining Room</li> <li>10:00 am – Indoor Bowls – Kevin Hogan Town Hall</li> <li>2:00 pm – Knitting and Crochet Circle – Terraces Level 1 Loungeroom</li> </ul>
fri 11	<ul> <li>9:15 am- 9:45am – Group Exercises – Level 1, Jean May Dining Room</li> <li>9:30 am – Catholic Mass – Chapel</li> <li>9:30 am –11:30 am - NAIDOC Week Morning Tea – Café 1866</li> <li>2:00 pm – Afternoon Movie – Wintergarden</li> </ul>
sat 12	sun 13





July 2025 week 3	week 3 activities
mon 14	<ul> <li>Lifestyle Admin Day   Bastille Day</li> <li>9:15 am- 9:45 am - Group Exercises - Jack Fleming</li> <li>9:30 am - Young at Heart Playgroup (Miss Maria's Last Day)</li> <li>Kevin Hogan Townhall</li> <li>3:00 pm - Chair Dancing - Rooftop Terrace</li> </ul>
tue 15	<ul> <li>              §9:15 am- 9:45 am – Group Exercises – Mardy McKean      </li> <li>             10:00 am – Dog Visit with Janice – Facility Wide         </li> <li>             10:00 am – BINGO – Kevin Hogan Townhall         </li> <li>             1:30- 2:00 pm – Grand Moo with Maggie Moo – Kevin Hogan Townhall         </li> <li>             2:30 pm – Riverside Walk (Please let Lifestyle know if you are interested)         </li> </ul>
wed 16	<ul> <li>9:15 am-10:00 am – Group Exercises – Kevin Hogan Townhall</li> <li>10:00 am – Craft with Cheryl – Jim McRae Dining Room</li> <li>2:30 pm – Happy Hour – Kevin Hogan Townhall</li> </ul>
thu 17	<ul> <li>9:15 am- 9:45 am – Group Exercises – Level 2, Lyn McLean Dinning Room</li> <li>12:00 am – Benny Boys BBQ – Jean May Balcony</li> <li>2:00 pm – Knitting/Crochet Social Circle – Terraces Level 1 Loungeroom</li> </ul>
fri 18	<ul> <li>9:15 am- 9:45 am – Group Exercises – Level 1, Jean May Dining Room</li> <li>9:30 am – Church Service – Chapel</li> <li>10:00 am – Find Out More Morning Tea – Terraces Level 1 Dining Room</li> <li>2:00 pm – Afternoon Movie – Wintergarden</li> </ul>
sat 19	sun 20





July 2025 week 4	week 4 activities
mon 21	<ul> <li>Lifestyle Admin Day   National Lamington Day</li> <li>9:15 am- 9:45 am - Group Exercises - Jack Fleming</li> <li>9:30 am - Young at Heart Playgroup - Kevin Hogan Townhall</li> <li>10:00 am - Anglican Church Service - Chapel</li> <li>3:00 pm - Chair Dancing - Rooftop Terrace</li> </ul>
tue 22	<ul> <li>9:15 am- 9:45 am – Group Exercises – Mardy McKean</li> <li>10:00 am – Dog Visits with Janice – Facility Wide</li> <li>10:00- 11:00 am – BINGO – Kevin Hogan Townhall</li> <li>2:00 pm - 3:00 pm – Christmas in July Crafternoon – School of Arts</li> </ul>
wed 23	<ul> <li>9:15 am- 10:00 am – Group Exercises – Kevin Hogan Townhall</li> <li>10:00 am – Craft with Cheryl – Jim McRae Dining Room</li> <li>2:30 pm – Happy Hour – Kevin Hogan Townhall</li> </ul>
thu 24	<ul> <li>9:15 am- 9:45 am – Group Exercises – Level 2, Lyn McLean Dining Room</li> <li>9:30 am – Ladies Shopping Outing – Venue TBC (Please let Lifestyle know if your interested)</li> <li>12:30 pm - 4:30pm – Lifestyle Townhall Spring Clean – Come along if you want to help us organise our lifestyle resources!</li> </ul>
fri 25	<ul> <li>9:15 am- 9:45 am – Group Exercises – Level 1, Jean May Dining Room</li> <li>9:30 am – Church Service – Chapel</li> <li>9:30 am - 11:30 am – Christmas in July Morning Tea – Café 1866</li> <li>2:00 pm – Afternoon Movie – Wintergarden</li> <li>12:30 pm - 4:30pm – Lifestyle Townhall Spring Clean – Come along if you want to help us organise our lifestyle resources</li> </ul>
sat 26	sun 27





July/Aug 2025 week 5	week 5 activities
mon 28	<ul> <li>Lifestyle Admin Day</li> <li>9:15 am- 9:45 am – Group Exercises – Jack Fleming</li> <li>9:30 am – Young at Heart Playgroup – Kevin Hogan Townhall</li> <li>3:00 pm – Chair Dancing – Rooftop Terrace</li> </ul>
tue 29	<ul> <li>9:15 am- 9:45 am - Group Exercises - Mardy McKean</li> <li>10:00 am - BINGO - Kevin Hogan Townhall</li> <li>10:00 am - Dog Visits with Janice - Kevin Hogan Townhall</li> <li>1:30pm - 2:00 pm - Grand Moo with Maggie Moo - Kevin Hogan Townhall</li> <li>2:30 pm - Riverside Walk (Please let Lifestyle know if you are interested)</li> </ul>
wed 30	<ul> <li>9:15 am- 10:00 am – Group Exercises – Kevin Hogan Townhall</li> <li>10:00 am – Craft with Cheryl – Jim McRae Dining Room</li> <li>2:30 pm – Happy Hour – Kevin Hogan Townhall</li> </ul>
thu 31	<ul> <li>9:15 am- 9:45 am – Group Exercises – Level 2, Lyn McLean Dining Room</li> <li>9:00 am - 10:00 am – Games Morning with Students from St Josephs Wandal – Townsquare Courtyard</li> <li>2:00 pm – Knitting/Crochet Social Circle – Terraces Level 1 Loungeroom</li> </ul>
fri 01	<ul> <li>9:15 am- 9:45 am – Group Exercises – Level 1, Jean May Dining Room</li> <li>9:30 am – Church Service – Chapel</li> <li>10:00 am – Cooking Club – Terraces Level 1 Dining Room</li> <li>2:00 pm – Afternoon Movie – Wintergarden</li> </ul>
sat 02	<ul> <li></li></ul>