what's on
1 - 8 Nov 2026



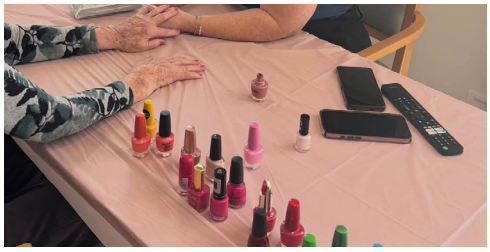
Nov 2026 week 1	week 1 activities		
sun 01	*Activity Stations - Facility Wide*		
mon 02	**9:30 am - Young at Heart Playgroup** - Kevin Hogan Townhall **2:30 pm - Arvo Arts and Craft with Eleanor** - Long Gallery		
tue 03	**9:15 am - Dance For Brain Health** - Kevin Hogan Townhall **10:00 am - Scrabble with Lenny** - Jean May Dining Room **10:00 am - Dog Visits with Janice** - Facility Wide **1:30 pm - Melbourne Cup** - Kevin Hogan Townhall **1:30 pm - Melbourne Cup** - Jack Fleming **2:00 pm - Lived History Chats** - Terraces Level 2 Loungeroom **2:00 pm - Thriller Afternoon Movie** - Wintergarden		
wed 04	**9:15 am - Group Exercises** - Kevin Hogan Town Hall **10:00 am - Cards with Lenny** - Jean May Dining Room **10:00 am - Craft Club** - Jim McRae Dining Room **10:00 am - Sing with Sher** - Jack Fleming **2:30 pm - Happy Hour** - Kevin Hogan Town Hall		
thur 05	**9:15 am - Group Exercises** - Level 2, Lyn McLean Dining Room **9:30 am - Nails and Natter** - Terraces Level 2 Loungeroom **10:00 am - Arm Chair Travel** - Jean May Loungeroom **2:00 pm - Knitting/Crochet Social Circle** - Terraces Level 1 Loungeroom **2:00 pm - Golden Hour Dice Game** - Jim McRae Dining Room		
fri 06	**9:15 am - Group Exercises** - Level 1, Jean May Dining Room **9:30 am - Curch Service** - Wintergarden Chapel **10:00 am - Trivia** - Jean May Lounge Room **2:00 pm - 'Teach Me Something' Visits** - Facility Wide **2:00 pm - Afternoon Movie** - Wintergarden **2:30 pm - 'Remade with Love' upcycled craft** - Mardy McKean		
sat 07	*Activity Stations - Facility Wide* **9:00 am - Sew Rockhampton** - Kevin Hogan Town Hall	sun 08	*Activity Stations - Facility Wide*

what's on
9 - 15 Nov 2026



Nov 2026 week 2	week 2 activities
mon 09	9:30 am - **Young at Heart Playgroup** - Kevin Hogan Townhall 9:30 am - **'Drop and Go' Shopping Outing** - City Centre Plaza 2:30 pm - **Arvo Arts and Craft with Eleanor** - Long Gallery
tue 10	9:15 am - **Group Exercises** - Level 1, Jean May Dining Room 10:00 am - **Dog Visits with Janice** - Facility Wide 10:00 am - **BINGO** - Kevin Hogan Town Hall 2:00 pm - **Lived History Chats - School Days** - Terraces Level 2 Loungeroom 2:00 pm - **Thriller Afternoon Movie** - Wintergarden 2:00 pm - **Green Thumbs Gardening Club** - Jim McRae Garden 2:30 pm - **Recipes and Reminiscing** - Jack Fleming
wed 11	*Remembrance Day* 10:30 am - **Remembrance Day Service** - Kevin Hogan Townhall 2:30 pm - **Happy Hour** - Kevin Hogan Town Hall
thu 12	9:15 am - **Group Exercises** - Level 2, Lyn McLean Dining Room 10:00 am - **Viv Jenkinson Concert** - Kevin Hogan Townhall 12:00 pm - **Benny Boys BBQ** - Café 1866 Outdoor Dining Area 2:00 pm - **Knitting/Crochet Social Circle** - Terraces Level 1 Loungeroom 2:00 pm - **Perfume sensation** - Jim McRae Dining Room
fri 13	9:15 am - **Group Exercises** - Level 1, Jean May Dining Room 9:30 am - **Catholic Mass** - Wintergarden Chapel 10:00 am - **Cooking Club** - Jean May Dining Room 2:00 pm - **'Teach Me Something' Visits** - Facility Wide 2:00 pm - **Afternoon Movie** - Wintergarden 2:30 pm - **Timber and Tools** - Mardy McKean
sat 14	*Activity Stations - Facility Wide* 9:30 am - **Bene Bikes Morning Tea Outing** - Boat House
sun 15	*Activity Stations - Facility Wide*

what's on
16 - 22 Nov 2026



Nov 2026 week 3	week 3 activities
mon 16	**9:30 am - Young at Heart Playgroup** - Kevin Hogan Town Hall **10:00 am - Anglican church service** - *Wintergarden chapel* **2:30 pm - Arvo Arts and Craft with Eleanor** - Long Gallery
tue 17	**9:15 am - Group Exercises** - Level 1, Jean May Dining Room **10:00 am - Dog Visits with Janice** - Facility Wide **10:00 am - BINGO** - Kevin Hogan Town Hall **2.00 pm - Thriller Afternoon Movie** - Wintergarden **2:00 pm - Green Thumbs Gardening Club** - Jim McRae Garden **2:30 pm - Music Memories** - Jack Fleming
wed 18	**9:15 am - 10:00 am - Group Exercises** - Kevin Hogan Town Hall **10:00 am - Sing with Sher** - Jack Fleming **10:00 am - Craft Club** - Jim Mcrae Dining Room **10:00 am - Cards with Lenny** - Jean May Dining Room **2:30 pm - Happy Hour** - Kevin Hogan Town Hall
thur 19	**9:15 am - 9:45 am - Group Exercises** - Level 2, Lyn McLean Dining Room **9:30 am - 'Nails and Natter' Pop up Nail Bar** - Terraces 2 Lounge Room **10:00 am - Table Tennis - 'Battle of the Floors'** - Jean May Dining Room **2:00 pm - Knitting/Crochet Social Circle** - Terraces Level 1 Loungeroom
fri 20	**9:30 am - Church Service** - Wintergarden Chapel **10:00 am - U3A Ukulele Group** - Kevin Hogan Townhall **2:00 pm - 'Teach Me Something' Visits** - Facility Wide **2:00 pm - Afternoon Movie** - Wintergarden **2:30 pm - 'Remade with Love' upcycled craft** - Mardy McKean
sat 21	*Activity Stations - Facility Wide* **9:00 am - Sew Rockhampton** - Kevin Hogan Town Hall
sun 22	*Activity Stations - Facility Wide*

what's on
23 - 30 Nov 2026



Nov 2026 week 4	week 4 activities
mon 23	9:30 am - **Young at Heart Playgroup** - *Kevin Hogan Townhall* 2:30 pm - **Arvo Arts and Craft with Eleanor** - Long Gallery
tue 24	9:15 am - 9:45 am - **Group Exercises** - Level 1, Jean May Dining Room 10:00 am - **Dog Visits with Janice** - Facility Wide 10:00 am - **BINGO** - Kevin Hogan Town Hall 2:00 pm - **Thriller Afternoon Movie** - Wintergarden 2:00 pm - **Green Thumbs Gardening Club** - Jim McRae Garden 2:30 pm - **Gardening** - Jack Fleming
wed 25	9:15 am - 10:00 am - **Group Exercises** - Kevin Hogan Town Hall 10:00 am - **Rocky High Instrumental Band** - Kevin Hogan Townhall 2:30 pm - **Happy Hour** - Kevin Hogan Town Hall
thu 26	9:15 am - 9:45 am - **Group Exercises** - Level 2, Lyn McLean Dining Room 10:00 am - **Greg Rae Concert** - Kevin Hogan Townhall 2:00 pm - **10 Pin Bowling - 'Battle of the floors'** - Jim McRae Dining Room 2:00 pm - **Knitting/Crochet Social Circle** - Terraces Level 1 Loungeroom
fri 27	9:30 am - **Church Service** - Wintergarden Chapel 10:00 am - **Ladies Shopping Outing** - Kmart 2:00 pm - **'Teach Me Something' Visits** - Facility Wide 2:00 pm - **Afternoon Movie** - Wintergarden 2:30 pm - **Timber and Tools** - Mardy McKean
sat 28	*Activity Stations - Facility Wide*
sun 29	*Activity Stations - Facility Wide*
mon 30	9:30 am - **Young at Heart Playgroup** - *Kevin Hogan Townhall* 2:30 pm - **Arvo Arts and Craft with Eleanor** - Long Gallery