



Sep 2025 week 1	week 1 activities	
mon 01	Lifestyle Admin Day  9:30 am – Young at Heart Playgroup – Kevin Hogan Townhall  3:00 pm – Chair Dancing – Rooftop Terrace	
tue 02	<ul> <li>Welcome Consuelo to Lifestyle Team!</li> <li>         9:15 am- 9:45 am − Group Exercises − Level 1, Jean May Dining Room</li> <li>10:00 am − Dog Visits with Janice − Facility Wide</li> <li>10:00 am − BINGO − Kevin Hogan Townhall</li> <li>2:30 pm − Scenic Drive/Walk − (Please let Lifestyle know if you are interested)</li> </ul>	
wed 03	<ul> <li>9:15 am- 10:00 am – Group Exercises – Kevin Hogan Townhall</li> <li>10:00 am – Craft with Cheryl – Jim McRae Dining Room</li> <li>2:30 pm – Happy Hour – Kevin Hogan Townhall</li> </ul>	
thu 04	<ul> <li>9:15 am- 9:45 am – Group Exercises – Level 2, Lyn McLean Dining Room</li> <li>10:00 am – Indoor Bowls – Kevin Hogan Townhall</li> <li>2:00pm – Knitting and Crochet Social Circle – Terraces Level 1 Loungeroom</li> </ul>	
fri 05	<ul> <li>9:15 am- 9:45 am - Group Exercises - Level 1, Jean May Dining Room</li> <li>9:30 am - Church Service - Wintergarden Chapel</li> <li>10:00 am - Father's Day Morning Tea - Café 1866</li> <li>2:00pm - Afternoon Movie - Wintergarden</li> </ul>	
sat 06	9:00 am- 9:30 am – Sew Rockhampton – Kevin Hogan Townhall  SUN 07  Father's Day	





Sep 2025 week 2	week 2 activities		
mon 08	Lifestyle Admin Day 9:30 am – Young at Heart Playgroup – Kevin Hogan Townhall 3:00 pm – Chair Dancing – Rooftop Terrace		
tue 09	<ul> <li>         → 9:15 am- 9:45 am – Group Exercises – Level 1, Jean May Dining Room         → 10:00 am – Dog Visit with Janice – Facility Wide         → 10:00 am – BINGO – Kevin Hogan Townhall     </li> </ul>		
wed 10	9:15 am – 10:00 am – Group Exercises – Kevin Hogan Townhall 10:00 am – Craft with Cheryl – Jim McRae Dining Room 2:30 pm – Happy Hour – Kevin Hogan Townhall		
thu 11	<ul> <li>R U OK Day</li> <li>         9:15 am- 9:45 am − Group Exercises − Level 2, Lyn McLean Dining Room</li> <li>10:00 am − Jazz with Jacquie Mackay − Kevin Hogan Townhall</li> <li>12:00 pm − Benny Boys BBQ − Town Square Courtyard</li> <li>2:00pm − Knitting and Crochet Social Circle − Terraces Level 1 Loungeroom</li> </ul>		
fri 12	9:15 am- 9:45 am – Group Exercises – Level 1, Jean May Dining Room  9:30 am – Catholic Church Service – Wintergarden Chapel 10:00 am – Art of Sound Activation – Long Gallery 2:00 pm – Afternoon Movie – Wintergarden		
sat 13	SUN 14  3:00 pm- 3:45 pm –  Rockhampton Youth Orchestra  String Quartet – Long Gallery		





Sep 2025 week 3	week	3 activ	ities
mon 15	Lifestyle Admin Day 9:30 am – Young at Heart Playgroup – Kevin Hogan Townhall 10:00 am – Anglican Church Service – Wintergarden Chapel 3:00 pm – Chair Dancing – Rooftop Terrace		
tue 16	<ul> <li>         — 9:15 am - 9:45 am - Group Exercises - Level 1, Jean May Dining Room     </li> <li>         — 10:00 am - Dog Visits with Janice - Facility Wide     </li> <li>         — 10:00 am - BINGO - Kevin Hogan Townhall     </li> <li>         — 2:30 pm - Scenic Drive/Walk - (Please let Lifestyle know if you are interested)     </li> </ul>		
wed 17	<ul> <li>9:15 am- 10:00 am – Group Exercises – Kevin Hogan Townhall</li> <li>10:00 am – Craft with Cheryl – Jim McRae Dining Room</li> <li>10:00 am – Find out More Morning Tea – Kevin Hogan Townhall</li> <li>2:30 pm – Happy Hour – Kevin Hogan Townhall</li> </ul>		
thu 18	<ul> <li>9:15 am- 9:45 am - Group Exercises - Level 2, Lyn McLean Dining Room</li> <li>10:00 am - Greg Rae Concert - Kevin Hogan Townhall</li> <li>2:00pm - Knitting and Crochet Social Circle - Terraces Level 1 Loungeroom</li> </ul>		
fri 19	<ul> <li>9:15 am- 9:45 am – Group Exercises – Level 1, Jean May Dining Room</li> <li>9:30 am – Church Service – Wintergarden Chapel</li> <li>10:00 am – World Alzheimer's Day Sausage Sizzle – Town Square Courtyard</li> <li>2:00pm – Afternoon Movie – Wintergarden</li> </ul>		
sat 20		sun 21	World Alzheimer's Day





Sep 2025 week 4	week 4 activities	
mon 22	Lifestyle Admin Day 9:30 am – Young at Heart Playgroup – Kevin Hogan Townhall 3:00 pm – Chair Dancing – Rooftop Terrace	
tue 23	<ul> <li>         → 9:15 am- 9:45 am - Group Exercises - Level 1, Jean May Dining Room     </li> <li>         → 10:00 am - BINGO - Kevin Hogan Townhall     </li> <li>         → 10:00 am - Dog Visits with Janice - Facility Wide     </li> <li>         2:30 pm - Scenic Drive/Walk (Please let Lifestyle know if you are interested)     </li> </ul>	
wed 24	9:15 am- 10:00 am – Group Exercises – Kevin Hogan Townhall 10:00 am – Craft with Cheryl – Kevin Hogan Townhall 2:30 pm – Happy Hour – Kevin Hogan Townhall	
thu 25	<ul> <li>9:15 am- 9:45 am – Group Exercises – Level 2, Lyn McLean Dining Room</li> <li>10:00 am – Viv and Karen Jenkinson Concert – Kevin Hogan Townhall</li> <li>2:00pm – Knitting and Crochet Social Circle – Terraces Level 1 Loungeroom</li> </ul>	
fri 26	<ul> <li>         9:15 am- 9:45 am - Group Exercises - Level 1, Jean May Dining Room     </li> <li>         9:30 am - Church Service - Wintergarden Chapel     </li> <li>         10:00 am - Cooking Club - Terraces Level 1 Dining Room     </li> <li>         2:00 pm - Afternoon Movie - Wintergarden     </li> </ul>	
sat 27	sun 28	





Sep 2025 week 5	week 5 activities		
mon 29	Lifestyle Admin Day 9:30 am – Young at Heart Playgroup – Kevin Hogan Townhall 3:00 pm – Chair Dancing – Rooftop Terrace		
tue 30	<ul> <li>         — 9:15 am - 9:45 am - Group Exercises - Level 1, Jean May Dining Room     </li> <li>         — 10:00 am - BINGO - Kevin Hogan Townhall     </li> <li>         — 10:00 am - Dog Visits with Janice - Facility Wide     </li> <li>         — 2:30 pm - Scenic Drive/Walk (Please let Lifestyle know if you are interested)     </li> </ul>		
wed 01	9:15 am- 10:00 am – Group Exercises – Kevin Hogan Townhall 10:00 am – Craft with Cheryl – Jim McRae Dining Room 2:30 pm – Happy Hour – Kevin Hogan Townhall		
thu 02	<ul> <li>9:15 am- 9:45 am - Group Exercises - Level 2, Lyn McLean Dining Room</li> <li>10:00 am -Ladies Café Outing - Venue TBC</li> <li>2:00pm - Knitting and Crochet Social Circle - Terraces Level 1 Loungeroom</li> </ul>		
fri 03	<ul> <li>9:15 am- 9:45 am – Group Exercises – Level 1, Jean May Dining Room</li> <li>9:30 am – Church Service – Wintergarden Chapel</li> <li>10:00 am – Get Crafty with QCWA – Kevin Hogan Townhall</li> <li>2:00 pm – Afternoon Movie – Wintergarden</li> </ul>		
sat 04	9:00 am- 3:00 pm – Sew Rockhampton – Kevin Hogan Townhall		