



| Aug 2025 week 1 | week 1 activities |
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| fri 01 | 9:15 am- 9:45 am – Group Exercises – Level 1, Jean May Dining Room 9:30 am – Church Service – Chapel 10:00 am – Cooking Club – Terraces Level 1 Dining Room 2:00 pm – Afternoon Movie – Wintergarden |
| sat 02 | 9:00-3:00- Sew Rocky – Kevin Hogan Townhall |
| Aug 2025 week 2 | week 2 activities |
| mon 04 | Lifestyle Admin Day 9:30 am – Young at Heart Playgroup – Kevin Hogan Townhall 3:00 pm – Chair Dancing – Rooftop Terrace |
| tue 05 | 9:15 am - 9:45 am - Group Exercises - Level 1, Jean May Dining Room 10:00 am - BINGO - Kevin Hogan Townhall 10:00 am - Dog Visits with Janice - Facility Wide 2:30 pm - Scenic Drive/Walk - (Please let Lifestyle know if you are interested) |
| wed 06 | 9:15 am – 10:00 am – Group Excerises – Kevin Hogan Townhall 10:00 am – Craft with Cheryl – Jim McRae Dining Room 2:30 pm – Happy Hour – Kevin Hogan Townhall |
| thu 07 | 9:15 am- 9:45am – Group Exercises – Level 2, Lyn McLean Dining Room 10:00 am – Greg Rae Concert – Kevin Hogan Townhall |
| fri 08 | 9:15 am – 9:45am – Group Exercises – Level 1, Jean May Dining Room 9:30 am – Catholic Mass – Wintergarden Chapel 10:00 am – Belated Bene Birthday Party! – Café 1866 2:00 pm – Afternoon Movie – Wintergarden |
| sat 09 | SUN 10 Winter Solstice Final Day – Long Gallery |





| Aug 2025 week 3 | week 3 activities |
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| mon 11 | Lifestyle Admin Day Long Gallery Deinstallation 9:30 am - Young at Heart Playgroup - Kevin Hogan Townhall 3:00 pm - Chair Dancing - Rooftop Terrace |
| tue 12 | 9:15 am- 9:45 am – Group Exercises – Level 1, Jean May Dining Room 10:00 am – Dog Visit with Janice – Facility Wide 10:00 am – BINGO – Kevin Hogan Townhall 1:30- 2:00 pm – Grand Moo with Maggie Moo – Kevin Hogan Townhall |
| wed 13 | 9:15 am – 10:00 am – Group Exercises – Kevin Hogan Townhall 10:00 am – Craft with Cheryl – Jim McRae Dining Room 2:30 pm – Happy Hour – Kevin Hogan Townhall |
| thu 14 | 9:15 am- 9:45 am – Group Exercises – Level 2, Lyn McLean Dining Room 10:00 am – Indoor Bowls – Kevin Hogan Townhall |
| fri 15 | 9:15 am- 9:45 am – Group Exercises – Level 1, Jean May Dining Room 9:30 am – Church Service – Wintergarden Chapel 10:00 am – Cooking Club – Terraces Level 1 Dining Room 2:00 pm – Afternoon Movie – Wintergarden |
| sat 16 | sun 17 |





| Aug 2025 week 4 | week 4 activities |
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| mon 18 | Lifestyle Admin Day Long Gallery install week 9:30 am - Young at Heart Playgroup - Kevin Hogan Townhall 10:00 am - Anglican Church Service - Wintergarden Chapel 3:00 pm - Chair Dancing - Rooftop Terrace |
| tue 19 | 9:15 am- 9:45 am - Group Exercises - Level 1, Jean May Dining Room 10:00 am - Dog Visits with Janice - Facility Wide 10:00 am - BINGO - Kevin Hogan Townhall 2:30 pm - Scenic Drive/Walk - (Please let Lifestyle know if you are interested) |
| wed 20 | 9:15 am- 10:00 am – Group Exercises – Kevin Hogan Townhall 10:00 am – Craft with Cheryl – Jim McRae Dining Room 10:00 am – Food Forum – Kevin Hogan Townhall 2:30 pm – Happy Hour – Kevin Hogan Townhall |
| thu 21 | 9:15 am- 9:45 am - Group Exercises - Level 2, Lyn McLean Dining Room 10:00 am - Book Week Craft - Kevin Hogan Townhall 2:00pm - Knitting and Crochet Social Circle - Terraces Level 1 Loungeroom |
| fri 22 | 9:15 am- 9:45 am – Group Exercises – Level 1, Jean May Dining Room 9:30 am – Church Service – Wintergarden Chapel 10:00 am – Book Week Morning Tea – Café 1866 2:00pm – Afternoon Movie – Wintergarden |
| sat 23 | Exhibition Opening – Good vibrations: The Art of Sound - Long Gallery - Time TBC |





| Aug 2025 week 5 | week 5 activities |
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| mon 25 | Lifestyle Admin Day 9:30 am – Young at Heart Playgroup – Kevin Hogan Townhall 3:00 pm – Chair Dancing – Rooftop Terrace |
| tue 26 | 9:15 am- 9:45 am - Group Exercises - Level 1, Jean May Dining Room 10:00 am - BINGO - Kevin Hogan Townhall 10:00 am - Dog Visits with Janice - Kevin Hogan Townhall 1:30pm - 2:00 pm - Grand Moo with Maggie Moo - Kevin Hogan Townhall 2:30 pm - Scenic Drive/Walk (Please let Lifestyle know if you are interested) |
| wed 27 | 9:15 am- 10:00 am – Group Exercises – Kevin Hogan Townhall 10:00 am – Aged and Disability Advocates ADA Australia Advocacy Information Session – Kevin Hogan Townhall 10:00 am – Craft with Cheryl – Kevin Hogan Townhall 2:30 pm – Happy Hour – Kevin Hogan Townhall |
| thu 28 | 9:15 am- 9:45 am – Group Exercises – Level 2, Lyn McLean Dining Room 12:00 pm – Benny Boys BBQ – Jean May Balcony |
| fri 29 | 9:15 am- 9:45 am – Group Exercises – Level 1, Jean May Dining Room 9:30 am – Church Service – Wintergarden Chapel 10:00 am – Ladies Shopping Outing – (Please let Lifestyle know if you are interested) 2:00 pm – Afternoon Movie – Wintergarden |
| sat 30 | sun 31 |